

**Tanning-**

Athlete's can use products such as JanTana, ProTan etc. however Dream Tan is prohibited at any GBO sanctioned show. All shows are permitted to have sponsored tanning companies however they will be asked to get liability insurance in the amount of one million dollars naming the Global Bodybuilding Organization as additionally insured.

**Music-**

The lyrics may not have any racial, vulgar, or sexual connotations. All posing music (60/90 seconds only) must be burned on CD.. If you do not have music burned on a CD, house music will be used. Individual music is 60 seconds for novice and 90 seconds for open categories. If you are in multiple divisions, you will only pose once. The competitor is responsible for picking up his/her music after the evening finals. House music will be provided by the Promoter for the pre-judging individual and comparison rounds. Overall "Pose Down" music will also be provided by the Promoter with the same rules of racial, vulgar, or sexual connotations.

**Jewelry-**

Jewelry is allowed during both the day and night shows. It must be worn in good taste and should not interfere with the presentation of the competitor's physique.

**Backstage Policy-**

Individuals authorized to be backstage are Promoters, staff, judging officials, expeditors, media with credentials, authorized tanning companies with insurance, authorized hair/makeup companies and competitors. All other individuals including and not limited to family, friends, trainers etc., will be authorized to be backstage only with the purchase of a backstage pass and based on availability of space (venue specific). The exception to this rule is the Parent/guardian of competitors under age. In this case, the parent/guardian must sign a release of liability form at the weigh in meetings.

Backstage passes can be purchased at a price of \$85 max. and a Global Bodybuilding Organizational card must be purchased for 85.00 through the acting official at the event. There are no exceptions to this rule. The backstage pass price is up to the promoter however for security and insurance reasons anyone who is back stage must purchase a G.B.O. card.

**Photographers and Makeup Artist –** The individuals/companies chosen for photography and makeup/hair are entirely up to the promoter. Please have these individuals assigned a credential for backstage. We will be implementing a contest structure of photos for upload to the GBO site and for the GBO magazine. More information to follow.